

Kernow Locum Support

Your weekly update

9 April 2025

KERNOW GP LOCUM JOBS ROUND-UP:

Practice name	Point of contact for this role	Working days proposed & whether flexible	Flexible start/end time?	Induction provided?	Extra info?
Leatside Practice-Redruth	Lisa.rowe7@nhs.net	May 12th September 2 nd /9 th /16 th /18 th /23 rd /30 th	Yes	Yes	
St Keverne Health Centre	Lisa.rowe7@nhs.net	April 15th / 17th	Yes	Yes	
Clays Practice	Lisa.rowe7@nhs.net	April 11 th / 22 nd / 28 th May 6 th / 7 th / 8 th / 9 th			
Brannel Surgery	Lisa.rowe7@nhs.net	July 28 th / 29th August 8 th / 13 th / 18 th / 22 nd / 29th September 19 th October 24 th / 31st December 19th			

If you're having any trouble booking in work, please get in touch with Lisa. As always, we have jobs listed here – take a look and see if anything that interests you. If you're working at a practice who are looking for locums, please let them know about our service. The PM can contact Lisa with any vacant locum roles.

Courses and resources

If Retirement Planning is your favourite subject right now...

Are you planning to retire anytime in the next 10 years? Be well informed before you make any decisions! You may wish to attend this virtual workshop on 13th May 9:30-12:00, run by Affinity Connect. The course will include:

- Planning for the changes to your lifestyle.
- Maximise the benefits for your State and workplace pensions.
- Make the most of your tax-free cash.
- Understand the income options available from your pension.
- Achieve your retirement goals.
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Here's some more information on vimeo:

<https://vimeo.com/852629292/650e04a364?share=copy>

For further details and to book, please follow this link: <https://kernowhealthcic.org.uk/cornwall-training-hub/courses/course/planning-for-retirement-virtual-learning-13th-may-2025/>

Also look out for their second session on 19th May (10-11am) specifically on Taking Advantage of your Pension Tax Allowances.

Book here:

<https://kernowhealthcic.org.uk/cornwall-training-hub/courses/course/taking-advantage-of-your-pension-tax-allowances-virtual-learning-19th-may-2025/>



Courses and resources

The RCGP Voice survey in 2024 asked for GPs views nationally on what it is like working in General Practice. But we would like to hear what our local GPs have to say.

We have developed our own survey and are asking you to share with us how you currently feel about working in General Practice, the current challenges and what you think could be done to improve your role.

We want to hear your views so we can develop support in the right areas to make improvements for you. Please be reassured that the survey is anonymous unless you choose to share your details. The information will be used to inform future GP retention offers and help us develop the local workforce, working with the Collaborative Board.

Please take this opportunity to let us know what it's like for you in Cornwall. We are encouraging as many GPs as possible to participate in the survey so please feel free to share this with any of your colleagues.

It should take about 10 minutes to complete. Please use this link to complete the survey by Sunday 20 April. <https://forms.office.com/e/k94VpRQwGt>

We will also be running focus groups to help explore the themes in more detail. If you would like to attend a focus group to share your thoughts, please email elizabeth.symons1@nhs.net

Thank you for your participation.



KEEPING IN TOUCH:



Would you like to join the Kernow Health GP Locums Whatsapp group – it's mainly for last minute locum shout outs in the area, and some updates. We won't spam you!

[Follow this link to join.](#)



WHO TO CONTACT:

Do you have friends or colleagues who would like to be on this mailing list? If you know anyone working as a GP locum in Cornwall, please let them know about this mailing list. To be added, they should contact me.



lisa.rowe7@nhs.net

We welcome your suggestions and feedback so please feel free to get in touch. Thanks for reading and we will be back next week with more updates.




Rhiannon Day-Thompson,
GP Locum Ambassador



Lisa Rowe,
Staff Bank Co-ordinator

A SUMMARY OF WHAT OUR STAFF BANK DOES



This mailer is delivered to you by the staff bank team at Kernow Health. Here's some clarification on our role:

WHAT WE DO:

- act as a hub where practices can post jobs
- send a weekly mailer. Staff Bank Co-ordinator, Lisa Rowe, will post updated jobs and information every Monday. If you are interested in a shift, you should email Lisa who will put you in touch with the practice or liaise with the practice on your behalf.
- offer a HR check. This can make it easier for practices to employ you e.g. with short notice. This is non-essential, and you can still book a job without a Kernow Health HR check and organise this direct with the practice instead
- provide an inclusive community of practice for locum GPs, and also for those who are interested in locum work, or simply wish to be included in a community of practice (eg new to practice GPs, International Medical Graduates)
- connect doctors for peer support, CPD, social and wellness

WHAT WE DON'T DO:

- charge any fees to locum or practice (this service is funded by NHS England)
- set or cap your rate – you discuss and agree this directly with the practice
- we don't employ you – you are self-employed as is usual for locum work and your contract is direct with the practice