HEARING LOSS MAY BE LINKED TO DEMENTIA

WHY WEAR HEARING AIDS?

- You will hear much better in almost all situations.
- You will be in closer contact with your family and friends.
- You will be able to hear and understand medical advice.
- You will improve balance and decrease the risk of falls.
- You will lower your risk of mental decline.
- You will be able to hear all sounds, which is important to your health and safety.
- Your brain will not need to work harder to hear conversation and ambient sounds.
- Your brain will actually maintain better function
- You will stay socially connected, to support your well-being.
- You will experience multiple benefits to consistently wearing these devices, even in a mild environment like your home.

Other things to consider will be:

Keeping aids clean and dry,
Retubing and maintaining them
Keeping own ears clean
(wax in the ear stops the aids from transmitting)
Never use cotton buds to remove wax as this
can damage the ear.

People won't be prescribed hearing aids if they don't need them.

Always try to perservere and use the aids **Don't stick them in a drawer!**







email: hearingloss.cornwall@nhs.net www.hearinglosscornwall.org